

## Scientific Committee Co-Chairs

Carlo Maria Giovanardi, MD  
Vitaly Napadow, PhD, LAc

## GENERAL INFORMATION

### Technical Secretariat

Alessandra Ricci  
Tel: +39 340-9553985  
segreteria@amabonline.it

Venue  
Savoia Hotel Regency,  
Via del Pilastro, 2 - 40127 Bologna - Italia

### Registration Late registration fee until October, 5, 2018

€ 290,00 (lunch on October 20, included); SAR / A.M.A.B. Members € 230,00 (lunch on October 20, included); A.M.A.B. - Italian-Chinese School of Acupuncture Students € 200,00 (lunch on October 20, included)

**Gala Dinner** - Bookings will be closed on October 1st. Participation fee amounts to Euro 60- and includes beverages.  
The amount is to be added to the registration fee when making payment online.  
Confirmation from the Organizing Secretariat is subject to seat availability in the restaurant and on a first come, first served basis

### After October, 6, 2018

€ 340,00 (lunch on October 20, included); SAR / A.M.A.B. € 280,00 (lunch on October 20, included); A.M.A.B. - Italian-Chinese School of Acupuncture Students € 250,00 (lunch on October 20, included)

### On-site registration fee

On the day of the Symposium, payments can only be made in cash.  
Continuing Medicine Education - CME 3,3 credits for all medical doctors and dentists.

CME Provider Medicina e Tradizione S.r.l. (Provider Standard 853)

### Certificate of attendance

At the end of the Symposium, a certificate of attendance will be provided upon request.

### Language

The official language is English and Italian. Simultaneous translation service will be provided.

### For further information:

website [www.acupunctureresearch.eu](http://www.acupunctureresearch.eu)

## SYMPOSIUM BOARD

### Scientific Committee

C.M. Giovanardi, V. Napadow, G.B. Allais, A.J. Fauci, A. Garoli, H. MacPherson, E. Marchi, F. Marmorì, A. Matrà, U. Mazzanti, T. Ots, P. Roberti di Sarsina, C.M. Witt

### Organizing Committee

G.M.G. Farella, MD Organizing Committee Chief, A.M.A.B. Tutor and Chetch Researcher  
A. Lilli, MD Interventional Cardiologist, Versilia Hospital, Cardiology, Lido di Camaiore, Lucca, Italy  
B. Mezzetta, MD A.M.A.B. Tutor and Chetch Researcher  
M.L. Barbanera, MD A.M.A.B. Tutor and Chetch Researcher  
M. De Vecchi, MD A.M.A.B. Tutor and Chetch Researcher  
A. Poini, MD A.M.A.B. Tutor and Chetch Researcher

## SPEAKERS AND CHAIRS

### Gianni Allais, MD

Head of Women's Headache Center and Service for Acupuncture in Obstetrics and Gynecology, University of Turin, Turin, Italy  
Adjunct Professor at the School of Medicine of the University of Turin, Italy  
Scientific Director of CSTNF – School of Acupuncture, Turin, Italy

### Sonia Baccetti MD

Medical Director, Fior di Prugna Centre Regional Referral Centre for Complementary Medicine (CM) and Traditional Chinese Medicine (TCM); SOS Coordinating Centre for Complementary Medicine of the Local Health Centre, Central Tuscany; Head of the Regional Coordination Centre for Integrative Medicine (IM), Tuscany Region, Italy

### Matthew Bauer, LAc

President, The Acupuncture Now Foundation (ANF).

### Stephen Birch PhD, LAc

Associate Professor, Kristiania University College, Department of Health Sciences. Oslo, Norway.

### Remy R. Coeytaux, MD, PhD

Caryl J Guth, MD Chair in Integrative Medicine Professor, Family and Community Medicine Wake Forest University School of Medicine, NC, USA

### Robert Davis, MS, LAc

SAR Co-President  
Clinician, University of Vermont Medical Center  
Acupuncture Vermont Oriental Medical Clinic, PLC, USA

### Johannes Fleckenstein, MD

Professor of TCM and acupuncture in Bern, Switzerland (IKOM) Member of DÄGfA (Deutsche Ärztesgesellschaft für Akupunktur) Member of the Scientific board of DÄGfA, Teaching Sports Medicine at University of Giessen in Germany

### Alberto Garoli, MD

Scientific Director and Chief Researcher, AnthroPosNet International Network Medicine Group. Teaching: Physiology in Biomechanics at the Department of Morphology, Experimental Medicine and Surgery at University of Ferrara, Italy

### Carlo Maria Giovanardi, MD

President of A.M.A.B. (Association of Medical Acupuncturists of Bologna)  
President of the Italian Federation of Acupuncture Societies (FISA)  
Vice President of the WFCMS (World Federation of Chinese Medicine Societies)

### Richard Harris, PhD

Associate Professor Department of Anesthesiology Department of Internal Medicine Division of Rheumatology University of Michigan, Ann Arbor, MI, USA

### Myeong Soo Lee, BS, MSc, PhD

Principal Researcher, Korea Institute of Oriental Medicine, Daejeon, Korea  
Professor of University of Science and Technology, Daejeon, Korea  
Professor of London Southbank University, London, UK  
Professor of Tianjin University of Traditional Chinese Medicine Tianjin, Seoul, Korea

### Alessio Lilli, MD

Interventional Cardiologist, Versilia Hospital, Cardiology, Lido di Camaiore, Lucca, Italy

### Thomas Lundeborg MD PhD Acc Prof

Medical Director Insurance Medicine  
Rehabilitation Medicine University Clinic Stockholm  
Danderyd Hospital AB, Sweden

### Hugh MacPherson, PhD

Professor of Acupuncture Research, Department of Health Sciences, University of York, UK

### Jun J. Mao, MD, MSCE

Laurance S. Rockefeller Chair in Integrative Medicine  
Chief, Integrative Medicine Service  
Memorial Sloan Kettering Cancer Center

### Eleonora Marchi, MD

Professor of A.M.A.B. - Italian-Chinese School of Acupuncture (Association of Medical Acupuncturists of Bologna), RSM

### Federico Marmorì, PhD

European Foundation of Traditional Chinese Medicine (FEMTC)  
Acupuncture Department Director, Medimar International Hospital, Alicante, Spain

### Annunzio Matrà, MD

Professor and Chief of A.M.A.B. Clinical Research, (Association of Medical Acupuncturists of Bologna), Bologna, Italy

### Umberto Mazzanti, MD

Vice president of A.M.A.B. (Medical Acupuncturists Association of Bologna -Italian Chinese Acupuncture School) Board Member of FISA (Italian Federation of Acupuncture Societies) Member of the Council Board of WFCMS (World Federation of Chinese Medicine Societies), Bologna, Italy

### Vitaly Napadow, PhD, LAc

SAR Co-President  
Associate Professor, Martinos Center for Biomedical Imaging, Massachusetts General Hospital, Harvard Medical School, Boston, MA, USA.

### Gerd Ohmstedt

Guest Professor Chengdu University of TCM (CDUTCM), EC Member WFAS, Licensed Acupuncturist

### Thomas Ots, MD

Director, Institute for Transcultural Health Sciences& Samuelli Institute, European Office; Professor for Research Methodology, Europa Universität Viadrina, Frankfurt (Oder), Germany.

### Alessandra Poini, MD

Board Member of FISA (Italian Federation of Acupuncture Societies), A.M.A.B. Tutor and Chetch Researcher

### Rosa Schnyer, DAOM, LAc

Clinical Assistant Professor, School of Nursing  
University of Texas in Austin, TX, USA

### Konstantina Theodoratou, MD, MSc, Med. Psych

President of International Council of Medical Acupuncture and Related Techniques – ICMART, President, Scientific Association of Medical Acupuncture in Greece, Atene, Grecia

### Claudia Witt, MD, MBA

Professor and Director, Institute for Complementary and Integrative Medicine, University Hospital Zurich and University Zurich, Switzerland



## 2<sup>nd</sup> INTERNATIONAL SYMPOSIUM ON RESEARCH IN ACUPUNCTURE

October 20-21, 2018

### Savoia Hotel Regency Bologna

*with the patronage of*

*FNOMCCEo (Federazione Nazionale degli Ordini dei Medici-Chirurghi e degli Odontoiatri)*

*OMCCEo Bologna (Ordine Provinciale dei Medici Chirurghi e degli Odontoiatri di Bologna)*

*ICMART (International Council of Medical Acupuncture and Related Techniques)*

*WFCMS (World Federation of Chinese Medicine Societies)*

*ETCMA (European Traditional Chinese Medicine Association)*

*PEFOTS (Pan European Federation of TCM Societies)*

*CMAeSP (Colégio Médico de Acupuntura de São Paulo)*

*FEMTC (Fundación Europea de Medicina Tradicional China)*

*SRMTC (Societatea Romana de Medicina Traditionala Chineza)*

*CHETCH-Project (China and Europe Taking Care of Healthcare Solutions)*

*FISA (Italian Federation of Acupuncture Societies)*

*Comune di Bologna*

*Azienda USL Città di Bologna*

# 2nd INTERNATIONAL SYMPOSIUM ON RESEARCH IN ACUPUNCTURE

October 20 - 21, 2018  
Bologna - Italy

## FINAL PROGRAM 20th OCTOBER

- 8:30 Registration of participants
- 9:00 Opening of the Symposium  
Chair: **Umberto Mazzanti**, Vice President, AMAB  
Welcome speeches  
**Carlo Maria Giovanardi**, President, AMAB  
**Vitaly Napadow**, Co-President of SAR  
**Giancarlo Pizza**, President of the Provincial Board of Medical Doctors and Dentists of Bologna  
**Konstantina Theodoratou**, President of I.C.M.A.R.T. Chinese Medicine and CHETCH Consortium Partner  
**Gerd Ohmstede**, President of ETCMA

### Panel Session 1 – First Part MECHANISMS OF ACTION AND CURRENT TRENDS IN ACUPUNCTURE RESEARCH

**Chairs: Matthew Bauer - Thomas Ots**  
**Discussants: Umberto Mazzanti, Alessandra Poini**

- 9:25 Presentation of topics and panellists
- 9:30 Reward circuitry plasticity in the perception of pain following acupuncture  
**T. LUNDEBERG**
- 10:00 Self-acupressure for chronic pain and fatigue: efficacy and mechanism  
**R. HARRIS**
- 10:30 Discussion
- 11:00 **Coffee break**

### Panel Session 1 – Second Part MECHANISMS OF ACTION AND CURRENT TRENDS IN ACU- PUNCTURE RESEARCH

**Chairs: Alberto Garoli - Richard Harris**  
**Discussants: Giuseppina Mariagrazia Farella, Lucio Sotte**

- 11:15 Presentation of topics and panellists
- 11:20 Role of neuroimaging to assess acupuncture-induced neuroplasticity in pain relief  
**V. NAPADOW**
- 11:50 Current evidences and methodological issues of acupuncture researches  
**M.S. LEE**
- 12:20 Discussion
- 13:00 **Lunch**

### Panel Session 2 INTEGRATION OF ACUPUNCTURE INTO HEALTHCARE SYSTEMS: REGULATORY AND COST-EFFECTIVENESS ASPECTS

**Chairs: Eleonora Marchi - Rosa Schnyer**  
**Discussants: Sonia Baccetti, Gerd Ohmstede**

- 14:25 Presentation of topics and panellists
- 14:30 Cost-effectiveness of acupuncture and integration into healthcare – Examples from Europe  
**C. WITT**
- 15:00 Integrating acupuncture services into conventional academic and military medical centers in the United States  
**R. COEYTAUX**
- 15:30 Beyond efficacy: conducting and translating research for policy-makers considering acupuncture reimbursement in a small, rural US state  
**R. DAVIS**

- 16:00 Discussion
- 16:30 **Coffee break**

### POSTER SESSION

**Chairs: Johannes Fleckenstein - Annunzio Matrà**

- 16:50 Presentation of the three best posters and award ceremony
- 17:50 Discussion
- 18:10 **Closing remarks**  
**Gala Dinner, Garganelli Restaurant, Savoia Hotel Regency**

## PROGRAM 21th OCTOBER

### Panel Session 3 RESEARCH METHODOLOGY AND EBM IN ACUPUNCTURE. THE PLACEBO ISSUE

**Chairs: Robert Davis - Carlo Maria Giovanardi**  
**Discussants: Alice Fauci, Konstantina Theodoratou**

- 8:55 Presentation of topics and panellists
- 9:00 Towards a better understanding of why so many acupuncture trials are “negative” in contrast to results often seen in clinical practice  
**H. MACPHERSON**
- 9:30 Recommendations for the use of acupuncture in clinical practice and treatment guidelines  
**S. BIRCH**
- 10:00 Managed care meets acupuncture research: how the concept of “maximum therapeutic benefit” and “medical necessity” applies to sham controlled clinical trials  
**M. BAUER**

- 10:30 Discussion
- 11:00 **Coffee break**

### Panel Session 4 FROM ACUPUNCTURE RESEARCH TO CLINICAL PRACTICE

**Chairs: Remy Coeytaux - Federico Marmorì**  
**Discussants: Stefan Costescu, Alessio Lilli**

- 11:15 Presentation of topics and panellists
- 11:20 Evidence-informed integration of acupuncture into cancer care  
**J.J. MAO**
- 11:50 Acupuncture in the treatment of Gulf War illness among veterans  
**R. SCHNYER**
- 12:20 Acupuncture in migraine: from research to clinical management  
**G.B. ALLAIS**
- 12:50 **Discussion**
- 13:20 CME and survey of participants' satisfaction
- 13:30 **Symposium Conclusions**